

2018

Supportive Housing Network of New York
18th ANNUAL NEW YORK STATE
Supportive Housing Conference



Serving Aging Tenants in Supportive Housing

Seniors in Supportive Housing

June 12, 2018

Pascale Leone, Associate Director, CSH

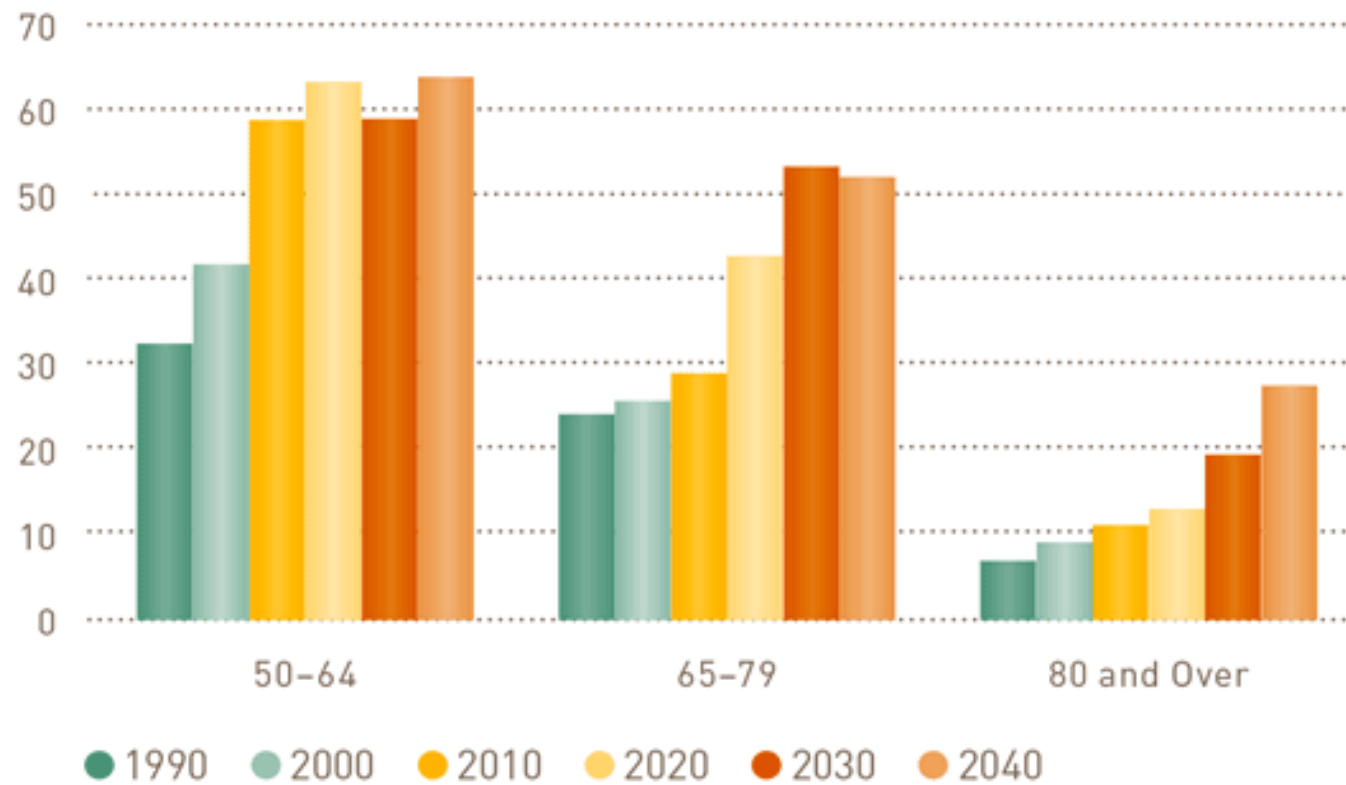
CSH's Focus On Aging Adults

- Older Adults with Housing & Service Needs Wishing to Age-in-Community
- Includes Adults 50+
 - *experiencing homelessness,*
 - *inappropriately institutionalized, or*
 - *currently aging in place in SH who desire to age healthily and safely in their own homes for as long as they can*
- SH seen as an ideal solution to address needs of aging tenants with adaptable housing models and flexible service packages

The Aging Population: National Trend

The Older Population Is on Track to Increase Dramatically

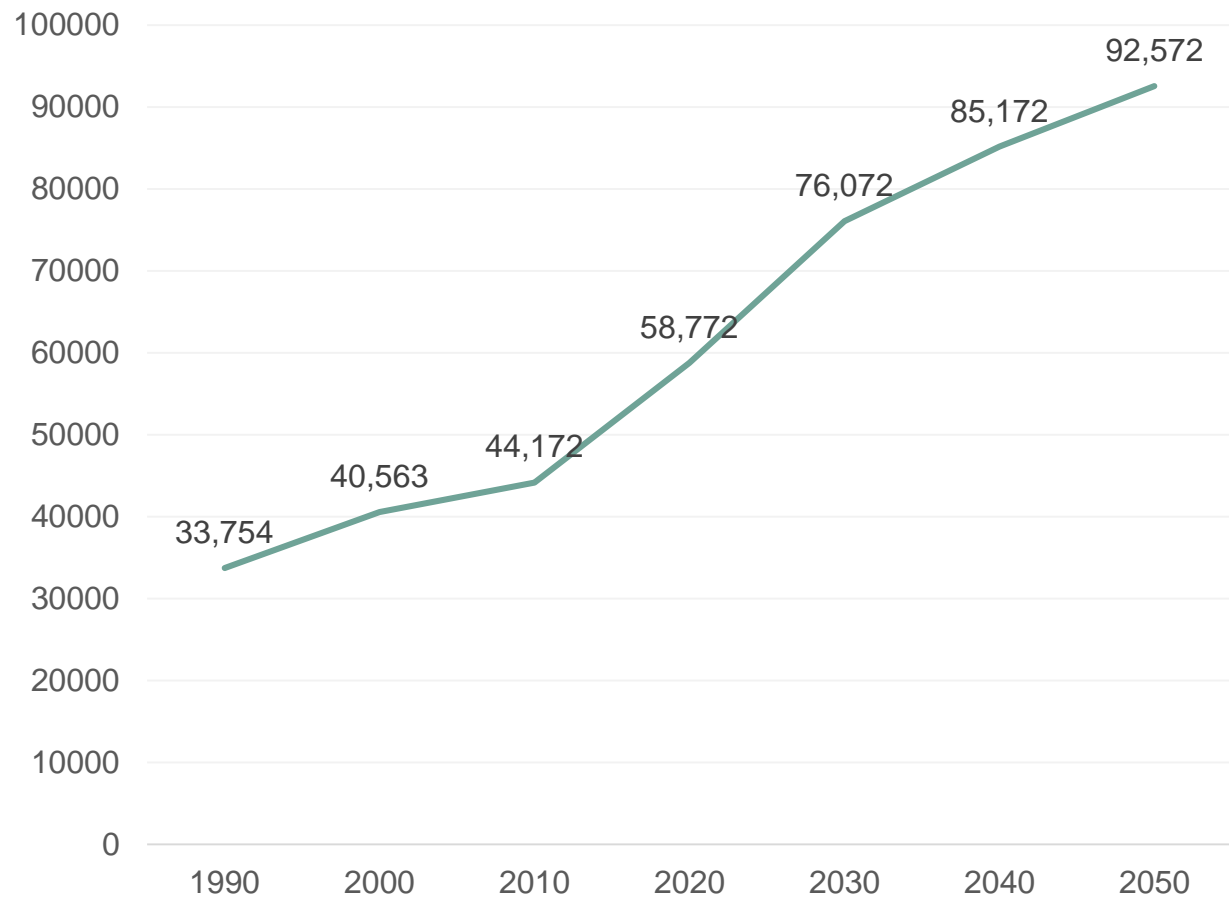
Population by Age Group (Millions)



Source: US Census Bureau, Decennial Censuses and 2012 National Population Projections (middle series).

Homelessness & Aging in the U.S.

Projection of Elderly Homelessness, 2010



40%
**supportive
housing
tenants are
50+ years of
age**



Photo Courtesy of Brooklyn Community Housing and Services (BCHS) Oak Hall's Aging Program

Homelessness, Health & Aging



Homeless adults 50+ have higher rates of chronic illnesses similar to housed individuals 65+

Homeless adults 50+ are 4X more likely to have 1+ chronic illnesses compared to younger homeless adults

Homeless adults 50+ have geriatric conditions of those 70+ in general population

Those w/ geriatric conditions more likely to frequent ER (4+ times/year) and more likely to be institutionalized

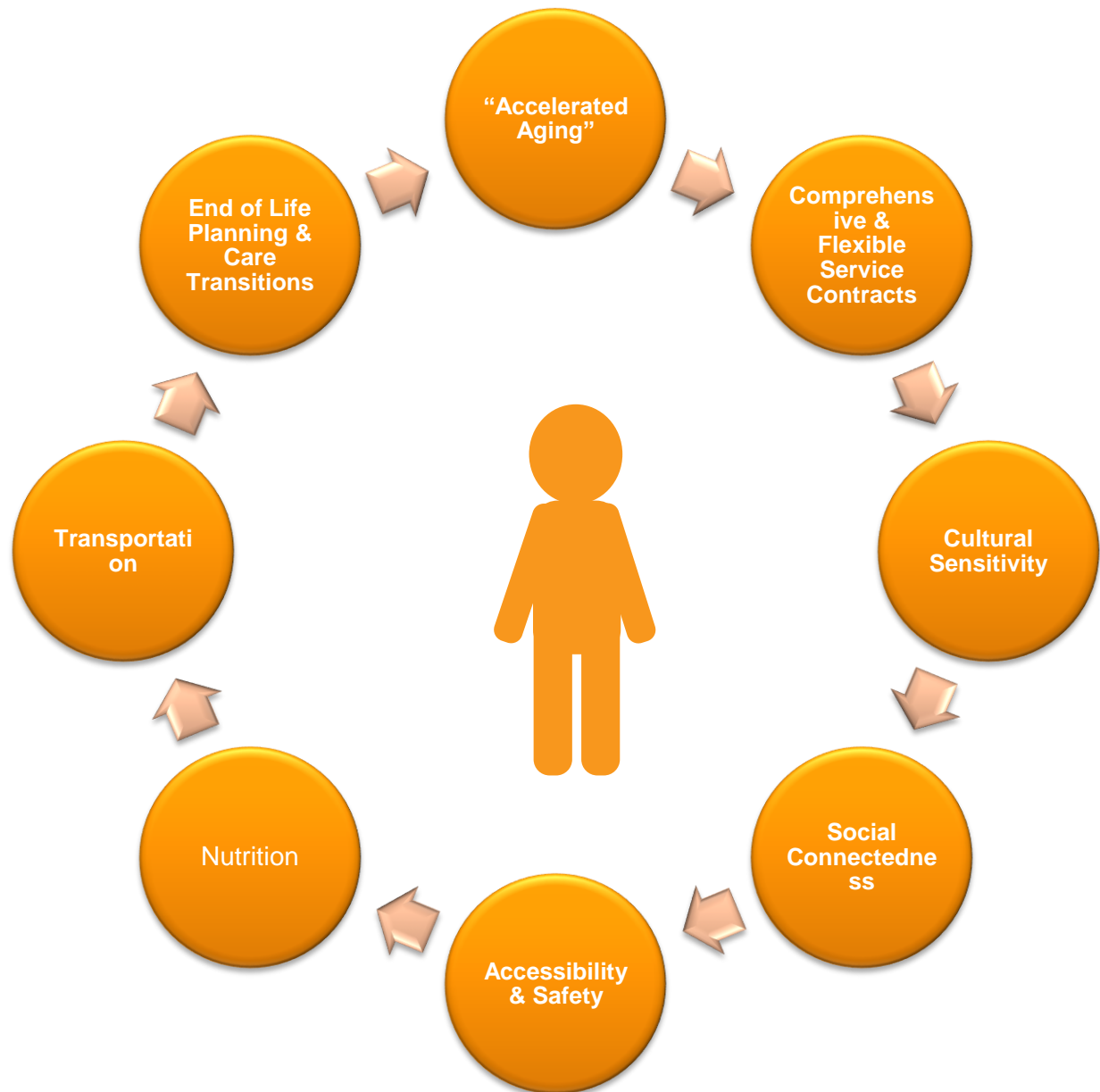
CSH's Healthy Aging Academy

Series of 8 in-person trainings and virtual 3 peer exchanges with experts on topics aimed at understanding and providing for the unique needs of the aging population in SH and AH

- ❖ Diverse array of subjects ranging from Reducing Isolation to Understanding the Differences between Cognitive Decline and Behavioral Health Challenges, Nutrition, Eldercare law and End of Life/Advance Planning
- ❖ Trained/training over 30 affordable and supportive housing providers



Key Considerations for Healthy Aging in Supportive Housing



Outcomes of Service Enriched Housing Models

- Lower transfer rates to higher levels of care such as assisted living or nursing home facilities
- Fewer emergency room visits and hospital stays
- Better management of chronic diseases
- Better care transitions
- Improved medication management and adherence
- Improved physical functioning
- Improvements in mental health
- Reduced incidence of falls
- Enhanced physical activity
- Improved nutrition
- Reduced isolation
- Improved sense of security

Source: National Summit on Affordable Senior Housing and Services, 2010.
As presented by Linda Trowbridge, CEO, Centers for Elders Independence at the Housing California Conference March 2018



THANK YOU!



stay connected



csh.org