Care for the Homeless MAT program

Andrea Littleton, MD
Luis Fernandez, CASAC
Cornerstones of responding to the Opioid Crisis

- 1. Training in Narcan/Safe injection sites
- 2. Safe injection sites
- 3. Train more clinicians to prescribe Buprenorphine
- 4. Dealing with the stigma
- 5. Peer support
The “I Saved a Life” (PDF) awareness campaign uses powerful stories to increase awareness about naloxone and encourage New Yorkers to learn more about it:

- **I Saved My Neighbor’s Life:** “My neighbor’s boyfriend knocked on my door at 2 a.m. and told me she was overdosing. I got to the apartment and found her passed out. I gave her naloxone and in a few minutes she started coming through. It was lucky I was home and had naloxone to save her.” ~*Billy, Manhattan*

- **I Saved My Father’s Life:** “I got trained in overdose prevention after I spent four years in the Army. One night at home, my dad fell out of bed. He wasn’t breathing and he had turned blue. I knew he had used heroin before. I grabbed my naloxone and gave it to him. After a few minutes, he started breathing again and he came out of it. That was a life-changing moment for both of us.” ~*Brian, Queens*
<table>
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<tr>
<th>Organizational Name</th>
<th>Program Type</th>
<th>Street Address</th>
<th>ZIP code</th>
<th>Borough</th>
<th>Walk-in availability?</th>
<th>Contact Name</th>
<th>Phone</th>
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<tr>
<td>Acacia Network Inc.</td>
<td>Community based org</td>
<td>1776 Clay Avenue</td>
<td>10457</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Evelyn Munoz</td>
<td>(347) 649-3046</td>
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<tr>
<td>BOOM! Health</td>
<td>Syringe exchange prog</td>
<td>226 East 144th Street</td>
<td>10451</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Ed Manchess</td>
<td>(718) 292-7718</td>
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<tr>
<td>Bronx Neighborhood Action Center- NYC DOHMH Center for Health Equity</td>
<td>DOHMH</td>
<td>1826 Arthur Avenue Suite 125</td>
<td>10457</td>
<td>Bronx</td>
<td>Yes</td>
<td>Fernando P Tirado</td>
<td>(718) 508-0622</td>
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<td>Bronxworks</td>
<td>Community based org</td>
<td>630 Jackson Ave</td>
<td>10455</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Christopher Ibeling</td>
<td>(646) 740-7927</td>
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<td>Lincoln Medical and Mental Health Center</td>
<td>Healthcare org</td>
<td>234 East 149th St Room BC23</td>
<td>10451</td>
<td>Bronx</td>
<td>Yes, Tuesdays and Thursdays from 9-4 in Flu Clinic</td>
<td>Nasir Iqbal</td>
<td>(718) 579-5989</td>
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<td>Montefiore Comprehensive Family Care Center (CFCC)</td>
<td>Healthcare org</td>
<td>1621 Eastchester Road</td>
<td>10461</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Tiffany Lu</td>
<td>(718) 405-8227</td>
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<td>Montefiore Comprehensive Health Care Clinic</td>
<td>Healthcare org</td>
<td>305 East 161st Street</td>
<td>10451</td>
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<td>No, call to make appointment</td>
<td>Tiffany Lu</td>
<td>(718) 405-8227</td>
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<td>Montefiore Family Care Center (FCC)</td>
<td>Healthcare org</td>
<td>3444 Kosuth Avenue</td>
<td>10467</td>
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<td>No, call to make appointment</td>
<td>Tiffany Lu</td>
<td>(718) 405-8227</td>
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<td>Montefiore Family Health Center (FHC)</td>
<td>Healthcare org</td>
<td>1 Fordham Plaza</td>
<td>10458</td>
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<td>No, call to make appointment</td>
<td>Tiffany Lu</td>
<td>(718) 405-8227</td>
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<td>Montefiore Medical Center</td>
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<td>111 East 210th Street</td>
<td>10467</td>
<td>Bronx</td>
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<td>Tiffany Lu</td>
<td>(718) 405-8227</td>
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<td>Planned Parenthood of NYC</td>
<td>Healthcare org</td>
<td>349 East 149th St 3rd Floor</td>
<td>10451</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Marcella Tillett</td>
<td>(212) 965-4888</td>
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<td>St. Ann’s Corner of Harm Reduction</td>
<td>Syringe exchange prog</td>
<td>886 Westchester Avenue</td>
<td>10459</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Van Asher</td>
<td>(718) 585-5544</td>
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<td>Institute for Family Health - Stevenson Family Health Center</td>
<td>Healthcare org</td>
<td>731 White Plains Road</td>
<td>10035</td>
<td>Bronx</td>
<td>No, call to make appointment</td>
<td>Thomas McCary</td>
<td>(865) 338-2562</td>
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<td>After Hours Project Inc.</td>
<td>Syringe exchange prog</td>
<td>1204 Broadway</td>
<td>11221</td>
<td>Brooklyn</td>
<td>Yes</td>
<td>Hector Quinones</td>
<td>(718) 249-0755</td>
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<td>BMS Family Health Center</td>
<td>Healthcare org</td>
<td>552 Rockaway Ave</td>
<td>11212</td>
<td>Brooklyn</td>
<td>No, call to make appointment</td>
<td>Harvey Lawrence</td>
<td>(718) 345-5000</td>
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<td>Brightpoint Health - Sterling Health Center</td>
<td>Healthcare org</td>
<td>803 Sterling Place</td>
<td>11216</td>
<td>Brooklyn</td>
<td>No, call to make appointment</td>
<td>Kate Kozeniewski</td>
<td>(718) 640-4380</td>
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<tr>
<td>Community Healthcare Network</td>
<td>Healthcare org</td>
<td>2667 Island Ave</td>
<td>11216</td>
<td>Brooklyn</td>
<td>No, call to make appointment</td>
<td>Kate Kozeniewski</td>
<td>(718) 640-4380</td>
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Safe injection sites coming to NYC

- De Blasio’s supports the plan to create 4 new Overdose Prevention sites in NYC but needs approval of District Attorney and State Department of Health and Federal Law as well as local hurdles to make this happen.

- Sites would be located at Washington Heights, Midtown West in Manhattan; the Long wood section of the Bronx; and Gowanus, Brooklyn.
Access to and uptake of MAT for OUD in NYC

- **Methadone**
  - 30,000 patients in care; no waiting list and flexible patient cap

- **Buprenorphine**
  - 1,800 physicians prescribed in 2016
  - 13,000 patients received at least one prescription

- **Goal:** an additional 20,000 New Yorkers receiving pharmacotherapy by 2022
Buprenorphine maintenance for opioid dependence remains of limited availability among underserved populations, despite increases in US opioid misuse and overdose deaths. Low threshold primary care treatment models including the use of unobserved, “home,” buprenorphine induction may simplify initiation of care and improve access.
Fact: In New York City, rates of treatment with buprenorphine are elevated in zip codes with higher incomes and higher percentages of white residents.

- DOHMH is committed to ensuring equitable access to care for all New Yorkers and has created initiatives to decrease existing disparities in treatment.
NYC approach to increasing access to MAT

1. Fund 14 safety net health organizations (24 clinics) to implement buprenorphine treatment through Nurse Care Manager Program

2. Fund 4 adolescent and emerging adult programs in NYC (with NYS support)

3. Fund selected syringe exchange programs to start buprenorphine treatment

4. Train 1,500 MDs, NPs and PAs to prescribe buprenorphine (>500 trained)
   - Offer mentorship and technical assistance for implementation

5. Raise public awareness about methadone/buprenorphine treatment
Nurse Care Manager initiative

• RN-level Nurse Care Manager (NCM)
  – Works with buprenorphine prescribers and clinic staff in primary care to coordinate patient care, screen and conduct intake, function as primary point-of-contact for patients, conduct follow-up care, etc.

• 24 NCM clinics at varying phases of implementation
  – 14 clinics currently accepting new patients
  – 10 additional clinics by December 2018
stigma

a mark of disgrace or infamy; a stain or reproach, as on one's reputation.

Stigma erodes confidence that mental illnesses are real, treatable health conditions.

We have allowed stigma to erect barriers around effective treatment and recovery. It is time to take those barriers down.

End the stigma.
Change lives.
Stigma affects clinicians willing to treat

- Physicians were hesitant about becoming certified or providing buprenorphine maintenance treatment because of the stigmatized nature of the opioid dependent patient.
- Overall, 75% of physician participants identified negative attitudes towards substance abuse patients or addiction treatment as dissuading doctors from prescribing buprenorphine. One physician noted, “providers generally are not interested in treating opiate addicted patients because they are problematic in general. It’s a little more difficult type of patient to deal with.”
- Lack of training: “Addiction medicine is a really challenging field and I’m not sure one all-day session prepares you for dealing with this type of population.”
- Other barriers to prescribing included prior authorization requirements, lack of clinical resources (space, staff) and psychiatric services.
Peer support

Having peer support programs can be a helpful adjuvant for providers providing MAT care
Our Program

Total patient enrolled (since 2015) 62

# New enrollees in 2018 18

#Active Patients in the Program 46

Retention rate 74%
Working with clients

❖ Building trust
❖ Counseling
❖ Group therapy
❖ Challenges