PARACHUTE NYC

Supportive Housing Network of New York:
Supportive Housing Conference
June 6, 2013

Jamie Neckles, Project Manager, Parachute NYC, jneckles@health.nyc.gov
Lauren D’Isselt, Director, Manhattan Crisis Respite Center, ldisselt@communityaccess.org

This project is supported by Funding Opportunity Number CMS-1C1-12-0001 from Centers for Medicare and Medicaid Services, Center for Medicare and Medicaid Innovation.

The contents of this presentation are solely the responsibility of the authors and do not necessarily represent the official views of HHS or any of its agencies.
Parachute Timeline & Scope

- Citywide system of care for people in crisis
  - Home Based Treatment
  - Respite
  - Support Line
  - Expert to serve 3,500 people
  - Expert to serve 35,000 people

- Phased over 3 years
  - January 2013 – Manhattan
  - February 2013 – Citywide Support Line
  - April 2013 – Brooklyn
  - September 2013 – Bronx
  - March 2014 – Queens
Parachute NYC

Need Adapted Mobile Crisis Team (MCT)

Mobile Crisis as Usual (up to 5 visits)

Enhanced Mobile Treatment (as often as needed up to 1 year)

- NATM Intervention
- Peers
- Psychiatrist
- Social Workers
- Family Therapist

Initial Visit

Ongoing Treatment & Support

Respite Only

Enhanced Mobile Treatment + Respite

Crisis Respite Center (up to 14 days)

IPS Intervention
Mix of Peer & Professional Staff

Medical Screening & Linkage

FQHC

Person in Crisis

Provider

Self Refer

ED

LIFENET Eligibility Screen

Family or Friend

Parachute NYC Medical Screening & Linkage

FQHC
Need Adapted Mobile Crisis Team (NA-MCT)

- Enhancement to existing mobile crisis teams
- Mixed model: peer and professional
- Respond within 24 hours
- Provide in home treatment as often as needed for up to 1 year then transition to longer-term services (e.g. clinic)
- Engage at home with family (network) from 1st visit
- Need Adapted Treatment Model & the network approach
- Medication optimization
- Manhattan referral: 212-609-7799
- Brooklyn referrals: 718-260-7725
Crisis Respite Center

• Home-like environment
• Stay for up to 14 days
• Staffed with peer & professionals
• Peer support, wellness education & skill building

• Continuity of care with NA-MCT
• On-site medical screening, referral, education
• Intentional Peer Support
• Manhattan referrals: 646-257-5665
• Brooklyn referrals: 347-505-0870
Principles of IPS

Worldviews
Before understanding experiences of others, we have to learn how our own experiences have shaped our views of the world.

Connection
Focus on being fully present & building trust.

Trauma Informed: Ask “what happened?” instead of “what’s wrong?”

Hope-based Conversations
Focus on moving toward what we want vs. away from what we don’t want.

Mutuality
Rather than “helping,” share experiences & learn from one another.
Manhattan Mobile Team & Respite Eligibility

- Resident of Manhattan
- 18-65 years old (25-65 if only using Respite & not NA-MCT)
- Experiencing a psychosis-related crisis
- Voluntarily seeks or accepts services
- Medically stable and doesn’t have a medical condition that requires treatment in an acute medical setting
- Stably housed (not homeless)
- Not at imminent risk to self or others
- Does not have a diagnosis of dementia, organic brain
Brooklyn Mobile Team & Respite Eligibility

• Resident of Brooklyn
• 16-30 years old
• Experiencing 1st episode of psychosis (within 1 year of onset)
• Voluntarily seeks or accepts services
• Medically stable and doesn’t have a condition that requires treatment in an acute medical setting
• Stably housed (not homeless)
• Not at imminent risk self or others
• Does not have a diagnosis of dementia, organic brain
Support Line: 646-741-HOPE

- Opened February 15, 2013
- Self referral for anyone in NYC (no additional eligibility criteria)
- Confidential
- Peer operated
- Intentional Peer Support (IPS)
- Support & referral 4 pm – 12 am 7 days/week (English only)