

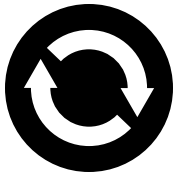
WASTE & RECYCLING

EXERCISE 1:

DISCOVER WHAT YOU CAN RECYCLE

GOAL Learn to identify which household waste materials can be recycled rather than thrown in the trash.

DIRECTIONS		Step 1: Mark what you currently recycle	Step 2: Mark what you can/will recycle that you didn't before
PAPER	Office paper	<input type="radio"/>	<input type="radio"/>
	Junk mail	<input type="radio"/>	<input type="radio"/>
	Magazines	<input type="radio"/>	<input type="radio"/>
	Newspaper	<input type="radio"/>	<input type="radio"/>
	Cardboard boxes	<input type="radio"/>	<input type="radio"/>
	Cracker/cookie boxes	<input type="radio"/>	<input type="radio"/>
	Milk/juice cartons	<input type="radio"/>	<input type="radio"/>
<hr/>			
METALS	Aluminum foil (clean)	<input type="radio"/>	<input type="radio"/>
	Aluminum cans	<input type="radio"/>	<input type="radio"/>
	Canned food cans	<input type="radio"/>	<input type="radio"/>
<hr/>			
GLASS	Bottles	<input type="radio"/>	<input type="radio"/>
	Jars	<input type="radio"/>	<input type="radio"/>
<hr/>			
PLASTICS	#1 PETE (ex: soda/water bottles)	<input type="radio"/>	<input type="radio"/>
	#2 HDPE (ex: laundry detergent, milk jugs)	<input type="radio"/>	<input type="radio"/>
	#3 V (ex: plastic pipes, outdoor furniture)	<input type="radio"/>	<input type="radio"/>
	#4 LDPE (ex: produce bags)	<input type="radio"/>	<input type="radio"/>
	#5 PP (ex: bottle caps, yogurt containers)	<input type="radio"/>	<input type="radio"/>
	#6 PS (ex: packing peanuts, foam cups)	<input type="radio"/>	<input type="radio"/>
	#7 Other	<input type="radio"/>	<input type="radio"/>



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DIRECTIONS

Step 3: Set up a recycling center at home:

- Kitchen: Set up two containers, (1) for recyclables, (2) for other trash.
- Living Room: Set up two containers, (1) for paper, (2) for other trash.
- Tip: When at the grocery store, occasionally ask for groceries to be bagged in paper bags and use the bags as your paper recycling bin.
- Recyclables should be deposited: _____

Step 4: Review this plan with Family members to ensure everyone participates! Together, see how much you can reduce the amount of trash thrown out!