

WASTE & RECYCLING

EXERCISE 1:

DISCOVER WHAT YOU CAN RECYCLE

SAMPLE ANSWERS

GOAL

Learn to identify which household waste materials can be recycled rather than thrown in the trash.

DIRECTIONS

Step 1: Mark what you currently recycle

Step 2: Mark what you **can/will** recycle that you didn't before

PAPER

Office paper	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Junk mail	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Magazines	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Newspaper	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Cardboard boxes	<input type="radio"/>	<input checked="" type="radio"/>
Cracker/cookie boxes	<input type="radio"/>	<input checked="" type="radio"/>
Milk/juice cartons	<input type="radio"/>	<input checked="" type="radio"/>

METALS

Aluminum foil (clean)	<input type="radio"/>	<input checked="" type="radio"/>
Aluminum cans	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Canned food cans	<input type="radio"/>	<input checked="" type="radio"/>

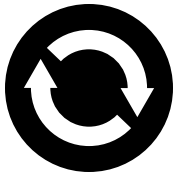
GLASS

Bottles	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Jars	<input type="radio"/>	<input checked="" type="radio"/>

PLASTICS

#1 PETE (ex: soda/water bottles)	<input checked="" type="radio"/>	<input checked="" type="radio"/>
#2 HDPE (ex: laundry detergent, milk jugs)	<input type="radio"/>	<input checked="" type="radio"/>
#3 V (ex: plastic pipes, outdoor furniture)	<input type="radio"/>	<input type="radio"/>
#4 LDPE (ex: produce bags)	<input type="radio"/>	<input type="radio"/>
#5 PP (ex: bottle caps, yogurt containers)	<input type="radio"/>	<input checked="" type="radio"/>
#6 PS (ex: packing peanuts, foam cups)	<input checked="" type="radio"/>	<input type="radio"/>
#7 Other	<input type="radio"/>	<input type="radio"/>

Not recyclable here



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Step 3: Set up a recycling center at home:

- Kitchen: Set up two containers, (1) for recyclables, (2) for other trash.
- Living Room: Set up two containers, (1) for paper, (2) for other trash.
- Tip: When at the grocery store, occasionally ask for groceries to be bagged in paper bags and use the bags as your paper recycling bin.
- Recyclables should be deposited: Near the trash bins

Step 4: Review this plan with Family members to ensure everyone participates! Together, see how much you can reduce the amount of trash thrown out!