



The Prince George-Norwich Meadows Farm CSA



What is Common Ground- The Prince George?



- Common Ground's Prince George Hotel is a 416-unit supportive housing development that houses low-income working people and previously homeless single adults, including those with HIV/AIDS, mental illness, and the elderly.

About Norwich Meadow's Farm



- Located in Norwich, New York and Lebanon, New Jersey
- Certified Organic
- Supports 9 different CSA's in the city area
- Sells produce at local markets such as Union Square

What is a CSA?



- Community Supported Agriculture Programs are mutually beneficial partnerships between local farms and community members.

Making it affordable

- Income based sliding scale
 - Income Level A is above \$50,000 a year=\$360 per share
 - Income Level B is above \$30,000-\$50,000 year= \$340 per share
 - Income Level C is below \$30,000 a year=\$320 per share
- Payment Plans
- Accept Food Stamps
 - Wholesome Food Grant



Farmers Market

- The Prince George purchases 3 fruit shares and 3 vegetable shares each season. We create a farmers market in our lobby where we sell the produce to tenants at a low affordable price.



Cooking Demonstrations

- Once a month we have cooking demonstrations using food from the shares. Tenants and members help prepare the food and enjoy samples.



Farm Trip

- Every fall we take a trip to the farm to see where the food is grown. CSA members and tenants join together for the journey.

